VetterCare
Expert Pet Care. At Home.



A FREE TRAVEL KIT FOR DIABETIC CAT PARENTS

You can still take the trip.

Our founders, Tony and Karen, spent three years canceling vacations because they couldn't trust "just anyone" with their special-needs dogs. Insulin twice a day shouldn't mean you never leave home. This kit helps you hand off your cat's care with confidence, whoever is giving it.

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Before-you-go checklist

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Your cat's care sheet

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Daily insulin + feeding log

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Signs to watch for

STEP 1

Before you go

Start two weeks out. Most of this is one conversation with your vet.

Two weeks out

- [ ] Ask your vet the questions on your care sheet (next page) and write down their answers.
- [ ] Check you have enough insulin and syringes for the whole trip, plus extra in case plans change.
- [ ] **Match your syringe to your insulin.** Use U-40 syringes with U-40 insulin and U-100 syringes with U-100 insulin. The wrong one can give too little insulin or a much larger dose, which can mean an emergency visit. Check with your vet's office before buying syringes online. Cornell Feline Health Center
- [ ] Ask your vet whether it's OK for your care provider to call them while you're away.

One week out

- [ ] Meet your care provider in person. Show them where the insulin, syringes and food live.
- [ ] Let them watch you give one injection, the way your cat is used to it.
- [ ] Find the nearest 24-hour emergency animal hospital and add it to your care sheet.

The day you leave

- [ ] Insulin in the fridge, where your provider can see it. AAHA
- [ ] Care sheet and log on the counter, with a pen.
- [ ] Food measured out, or clear amounts written down.

STEP 2 · FILL THIS IN WITH YOUR VET

My cat's care sheet

Cat's name _____ Weight _____ Age _____

Our vet _____ Phone _____

24-hour emergency hospital _____ Phone _____

My phone while I'm away _____

Insulin name _____ Syringe ☐ U-40 ☐ U-100

Dose, exactly as prescribed _____ units

Morning time _____ Evening time _____

Where it's kept _____

Food + amount _____ Times _____

With insulin, my vet says: ☐ feed first, then insulin ☐ insulin, then feed ☐ other _____

ASK YOUR VET, AND WRITE THEIR ANSWER HERE

If my cat won't eat a meal, what should happen with that insulin dose?

If a dose is missed or late, what should happen?

If my cat shows signs of low blood sugar (see page 4), what should my provider do on the way to the vet?

Never change the dose without talking to your vet first. (Cornell Feline Health Center)

STEP 3

Daily insulin + feeding log

One line per meal. Your vet will want to see this when you're back.

Date		Time	Ate all / some / none	Insulin units	Initials	Water + litter box	Energy normal / low
	AM						
	PM						
	AM						
	PM						
	AM						
	PM						
	AM						
	PM						
	AM						
	PM						
	AM						
	PM						
	AM						
	PM						

What to track comes from the Cornell Feline Health Center: water intake, urine, appetite, weight and the insulin given. Print as many copies as your trip needs.

STEP 4 · KEEP THIS ON THE FRIDGE

Signs to watch for

CALL YOUR VET OR AN EMERGENCY HOSPITAL RIGHT AWAY

- Weakness
- Low energy
- Vomiting
- Wobbly or uncoordinated
- Trembling
- Seizures
- Not responding

These can be signs of low blood sugar, which can be life-threatening. Follow the plan your vet gave you on your care sheet. Don't put fingers, food or fluids into the mouth of a cat that is seizing or not responding.

Cornell Feline Health Center; AAHA Diabetes Management Guidelines

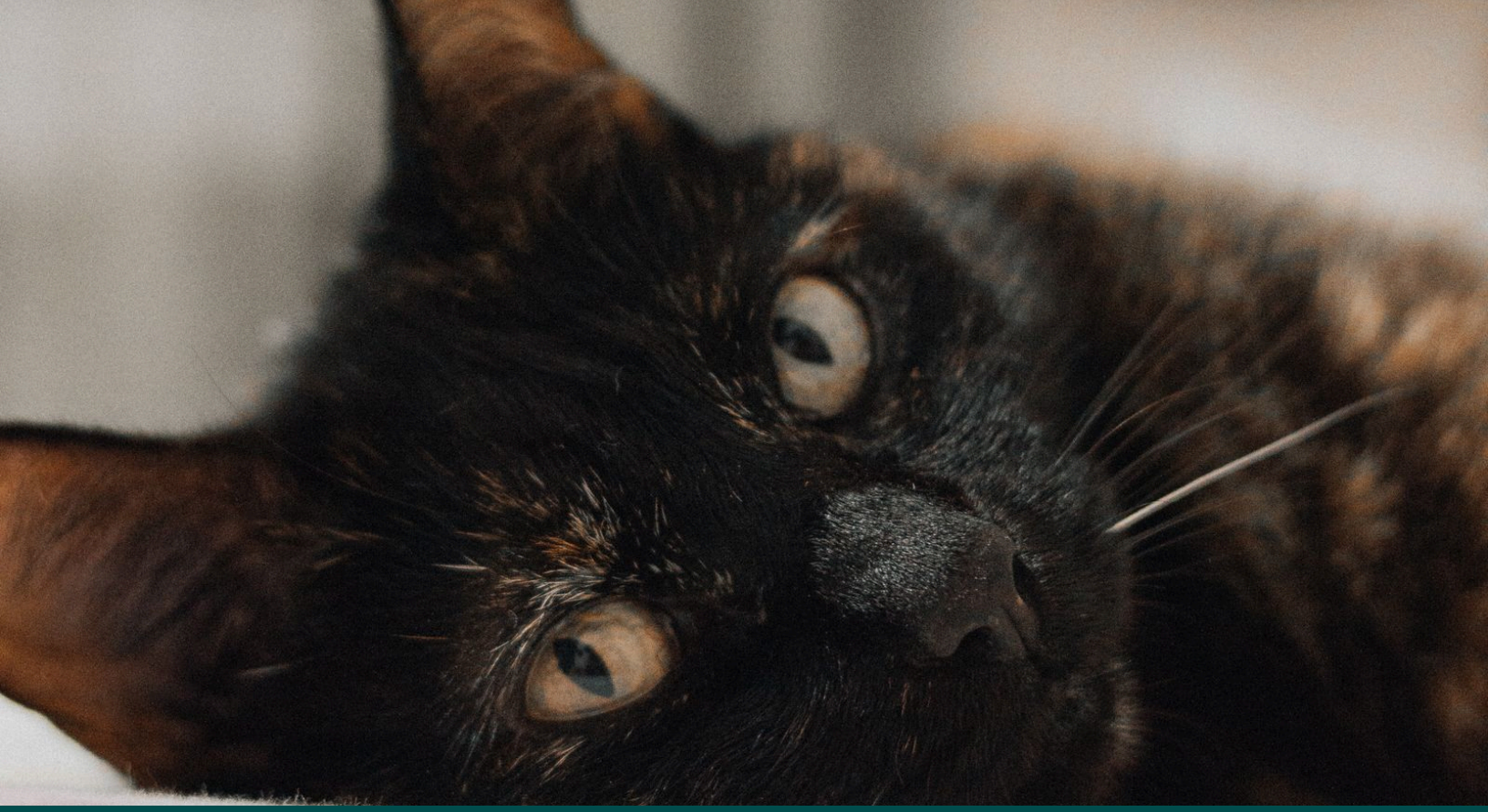
TELL YOUR VET SOON IF YOU NOTICE

- Drinking much more
- Peeing much more
- Eating more but losing weight

If your pet is experiencing an emergency, please contact your veterinarian or the nearest emergency animal hospital right away.

Our vet _____ Phone _____

Emergency hospital _____ Phone _____



GOING AWAY?

Let a veterinary professional give the insulin.

VetterCare's veterinary professionals give insulin on your vet's schedule, in your home, while you're away. Twice-daily drop-ins or overnight stays. Meet your provider in person before you book.

Find care for your diabetic cat →

Phoenix (602) 887-4411 · Tucson (520) 505-8811
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VetterCare veterinary professionals follow your veterinarian's instructions and do not replace veterinary care.

VetterCare